



Abi Sofoluwe

Profile

Abi studied law at Lancaster University, graduating in 2015 before completing a Master's degree at Durham University. She subsequently took on a paralegal role as a litigation executive; defending fraud motor injury cases.

In 2019 Abi studied for her LPC, completing in June 2020 whereupon she successfully applied for a trainee position at Helix Law.

Working for Helix Law...in Abi's words

Having graduated in 2015 I applied for a scholarship to complete a Master's degree at a Durham University studying International Trade and Commercial Law. I really enjoyed my Masters because it was self-taught and extremely interesting. By late 2016, I started my first paralegal role as a litigation executive; defending fraud motor injury cases. Although this was interesting, it wasn't what I wanted to qualify in or practice, so I applied for a paralegal job at a commercial firm. I worked in real estate for two years and I learnt a lot about this area of law. In 2019, I decided to start my LPC full time which I completed in June 2020 and applied for a trainee position at Helix Law.

I was encouraged to apply to Helix Law because, firstly, I enjoy/prefer litigation and being a litigation firm, I felt that they were a good fit for me. Secondly, they are a growing firm, so I knew that I would be given quality training, which I have been getting. Lastly, I was particularly interested in two of the areas of law they specialise in, real estate and employment law.

I had a video interview with the two directors of the firm and I was given a job offer to start as a paralegal, with a view of progressing to a training contract depending on my performance. I was given the offer to start my training contract on 11 September and officially started on 23 September 2020. All through my time at Helix, I have been based in Manchester and because of the lockdown restrictions, I have not been able to meet my colleagues. However, everyone at the firm has made me feel so welcome and they regularly check in with me. The on-boarding process has been unusual but I don't think it could have been managed any better than it has been!

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